Course Notes/Directions Distance: 10km

Start on Lowe Street (48.7m before Ocean Road)

Cross straight over Ocean Road

Turn right on Bellona Road

Turn left on Achilles Avenue

Turn left on Kiwi Road

Turn right on Williamson Road

Turn right on Tui Road

Turn left on Moa Street

Turn left on Otahu Road

Turn right on Marie Cres

Turn at the Turn Point 5m before Patuwai/Pohutukawa

Continue straight on Rangi Avenue

Continue straight on Ocean Road

Continue straight past the Williamson Park Internal Road

Turn left on Lowe Street

Turn right on Bellona Road

Turn left on Achilles Avenue

Turn left on Kiwi Road

Turn right on Williamson Road

Turn right on Tui Road

Turn left on Moa Street

Turn left on Otahu Road

Turn right on Marie Cres

Turn at the Turn Point 5m before Patuwai/Pohutukawa

Continue straight on Rangi Avenue

Continue straight on Ocean Road

Turn right into the Williamson Park Internal Road

Continue straight to finish line (29m on grass)

10km Running Surface Stats

Road 99.7% Grass 0.3%



