

Course Notes



- Start on Ocean Road (lamp-post between 513 & 515)
- Turn left on Lowe Street
- Turn right on Bellona Road
- Turn left on Achilles Avenue
- Turn left on Kiwi Road
- Turn right on Williamson Road
- Turn right on Tui Road
- Turn left on Moa Street
- Turn left on Otahu Road
- Turn right on Marie Cres
- U-turn at the Turn Point at Patuwai/Pohutukawa intersection
- Continue straight on Rangi Avenue
- Continue straight on Ocean Road
- Turn right into Williamson Park to finish line (80m on grass)

5km Running Surface Stats

Road	98.4%
Grass	1.6%