

Course Notes

Lap 1

- Start on Ocean Road
(lamp-post between 513 & 515)
- Turn left on Lowe Street
- Turn right on Bellona Road
- Turn left on Achilles Avenue
- Turn left on Kiwi Road
- Turn right on Williamson Road
- Turn right on Tui Road
- Turn left on Moa Street
- Turn right on Otahu Road
- Turn left on The Drive
- Turn right on Hilton Drive
- Cross over SH25 & turn left on 'Wentworth Walkway'
- Turn right on Wentworth Valley Road
- U-turn on Wentworth Valley Road
- Turn left on 'Wentworth Walkway'
- Cross over SH25 and continue straight on Hilton Drive
- Turn left on The Drive
- Turn right on Otahu Road
- Turn right on Marie Cres
- U-turn at the Turn Point at Patuwai/Pohutukawa intersection
- Continue straight on Rangi Avenue

Lap 2

- Continue straight on Ocean Road past the Williamson Park Internal Road
- Turn left on Lowe Street
- Turn right on Bellona Road
- Turn left on Achilles Avenue
- Turn left on Kiwi Road
- Turn right on Williamson Road
- Turn right on Tui Road
- Turn left on Moa Street
- Turn left on Otahu Road
- Turn right on Marie Cres
- U-turn at the Turn Point at Patuwai/Pohutukawa intersection
- Continue straight on Rangi Avenue
- Continue straight on Ocean Road
- Turn right into Williamson Park to finish line (80m on grass)

21km Running Surface Stats

Road	86.75%
Trail (Gravel)	12.85%
Grass	0.4%